



Creation

"GOD SAW EVERYTHING HE HAD MADE, AND IT WAS VERY GOOD."

GENESIS 1:31

I am Jesus. And I want to say, "Happy First Holy Communion Day!"

I am so joyful that you will be receiving me for the first time in the Eucharist. What a great day for both of us. It is the beginning of our special friendship.

Let me tell you about myself. Long, long before the creation of the world—even before the dinosaurs—I was in heaven with my Father and the Holy Spirit. We three, the Holy Trinity, are a family of love.

But we didn't want to keep our love to ourselves. We wanted to share it. My Father wanted children. So my Father created an awesome world for his children to live in. Try to name something he created that begins with each letter of the alphabet, from A to Z.

My Father planned for you to be part of his family. He loves you. Your heavenly "Daddy" chose your parents, your birthday, where you would live, and even the date of your First Holy Communion. You are his special child.

I'm so happy you are part of our family of love.

"JESUS, THANK YOU FOR MY FIRST HOLY COMMUNION DAY."



Adam and Eve

"GOD CREATED PEOPLE IN HIS OWN IMAGE."

GENESIS 1:27

Adam and Eve were the first people in our family of love. They lived in the beautiful Garden of Eden. My Father let them name all the animals. That must have been fun! And every evening, they walked and talked with him—just the way I want to talk with you each day, and especially after you receive Communion at Mass.

Now Adam and Eve could eat whatever they liked in the Garden—except for one thing. My Father told them not to eat the fruit of one tree in the middle of the Garden. Satan wanted to tempt them to disobey my Father, so he said to them, "That fruit is very good." Adam and Eve made a wrong choice; they ate the fruit.

Adam and Eve had disobeyed their heavenly Father. They knew they had done wrong. They had to leave the Garden of Eden. Their sin separated them and all their descendants from our family of love. But my Father promised, "I will send my only Son. He will bring my children back into our family of love."

"JESUS, I LOVE YOU. I'M HAPPY I CAN TALK TO YOU AFTER COMMUNION AND AT OTHER TIMES DURING MY DAY."



The Call of Abraham

"YOUR CHILDREN WILL BE AS MANY AS THE STARS IN HEAVEN."

GENESIS 15:5

Remember, my Father never stopped loving Adam and Eve and their descendants. He had a plan to save them and bring them back to him.

One day, my Father called out to a man named Abram, saying, "Leave your home. I promise to show you where to go." Abram trusted and obeyed. With his wife Sara and their relatives, servants, and animals, they began a

long journey. Eventually they arrived in the country of Canaan. My Father said, "Abram, this is where you and your family will live forever. This is the Promised Land."

Abram then had a few more surprises. My Father said, "You will be the father of my special family. Your children will be as many as the stars in heaven. And your new name is Abraham."

Did you know that I'm one of Abraham's descendants? And so are you! I'm your brother! When you receive the Eucharist, think of me as your big brother. You can trust me and tell me anything. Also, ask me to bless the people you love. I will always listen to you.

"JESUS, MY BROTHER, I TRUST YOU."

